

ALISO NIGUEL ANIMAL HOSPITAL



Welcome to our first newsletter!

Our intent is to give you information you can use to help keep your pets happy & healthy. We encourage your input into the types of articles & information that are of interest to you. This information is not intended to take the place of routine veterinary care. The best care comes from the personalized care from a clinic where the veterinarians & their staff know you & your pets.

Traveling with your pets.

Do your summer vacation plans include your pet? Many dogs, and a few cats, enjoy joining their family when they travel. To help keep every stress free, there are a few things you need to do before you leave. The first and most important is to determine if your pet will enjoy the experience. While many dogs love a car ride, spending an extended time in a car, stopping at new places and staying in unfamiliar hotels can be stressful and they may be happier staying at a boarding facility or at

home with a pet sitter. And while I have met a few cats that seem to love traveling, they majority would rather spend the time curled up on their favorite chair.

Next, decide the route you will be traveling and find hotels along the way that welcome pets. It is best to contact them regarding their pet policies before you leave. The number of hotels allowing pets has mushroomed over the past few years and now many even offer pet amenities. You should also check with any sites you may want to visit, most will not allow you to bring your pet but may have recommendations of where your pet can stay.

Identification is very important while traveling. All pets must have a well fitting collar with tags that contain your cell and home phone number as well as an emergency contact number. Pets should also have a microchip so you can be traced should your pet lose their collar. A copy of vaccination records as well as medical history may be helpful especially if your pet has a history of health issues.

While no one can guarantee a perfect vacation, a little planning can help prevent little problems from turning into big problems.

Born and raised in California, Dr. Tuz graduated from Trabuco Hills High School and earned a Bachelor of Science degree at UCLA. She then received her DVM, in 2002, from Ross University School of Veterinary Medicine. Dr. Tuz also did a year of clinical rotation at the University of Tennessee. After working at a multi-doctor practice locally for 5 years, Dr. Tuz started Aliso Niguel Animal Hospital in December 2007. Today, as a small animal practitioner, she is accomplished in all aspects of general medicine and surgery. Dr. Tuz is a Southern California girl and a Bruin through and through. She lives in Costa Mesa with her husband of 10 years, Steve and their two boys, Owen and Mason. She is an avid reader (when she can find the time), loves wine tasting and enjoys the outdoors with her family.

DR. RACHEL TUZ

